

MARCH EVENTS 2024

● Events in **orange** represent Liv Wellness Classes
 ● Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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We are accepting donations all month long to H.A.N.D.S To The Rescue and TC Paw Cat Rescue!



READ ACROSS AMERICA DAY

Strength & Mobility
10:30am | Liv Fit

01

02

03

04

Kid's Club
4:00pm - 5:00pm
The Hub
Yoga
6:00pm | The Hub

05

Strength & Mobility
10:30am | Liv Fit

06

Barre
6:00pm | Liv Fit

07

Strength & Mobility
10:30am | Liv Fit

08

10

11

Yoga
6:00pm | The Hub

12

Strength & Mobility
10:30am | Liv Fit

13

PI DAY

Barre
6:00pm | Liv Fit

Happy Hour
5:30pm - 7:00pm
The Hub

14

Strength & Mobility
10:30am | Liv Fit

15

Pancake Breakfast
10:00am - 11:00am
The Hub

16

ST. PATRICK'S DAY

17

18

NCAA BRACKET CHALLENGE BEGINS

Liv Arbors Townhall
5:30pm - 6:00pm
The Hub

Yoga
6:00pm | The Hub

19

Strength & Mobility
10:30am | Liv Fit

20

Barre
6:00pm | Liv Fit

21

Strength & Mobility
10:30am | Liv Fit

22

23

24

Yappy Hour
5:00pm - 6:00pm
Bark Park

Yoga
6:00pm | The Hub

26

Strength & Mobility
10:30am | Liv Fit

27

Barre
6:00pm | Liv Fit

28

Strength & Mobility
10:30am | Liv Fit

29

30

31

25