

DECEMBER EVENTS 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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KEY



liv
responsibly
event



liv
well
event



liv
connected
event



Strength & Mobility
5:30pm - 6:30pm
Liv Fit

01

The Hub Reserved
1:00pm - 3:00pm

02

03

04

05

06

07

08

09



Yoga Flow
5:30pm - 6:30pm
The Hub



Kid's Club
4:00pm - 5:00pm
The Hub



Barre & Sculpt
5:30pm - 6:30pm
Liv Fit



Strength & Mobility
5:30pm - 6:30pm
Liv Fit



The Hub Reserved
1:00pm - 8:00pm
Pancake Breakfast
10:00am - 11:00am
The Hub

10

11

12

13

14

15

16



Happy Hour
5:00pm - 6:30pm
The Hub



Yoga Flow
5:30pm - 6:30pm
The Hub



Strength & Mobility
5:30pm - 6:30pm
Liv Fit



Barre & Sculpt
5:30pm - 6:30pm
Liv Fit



**Holiday Spirit
Coffee Chat**
10:00am - 11:00am
The Hub



**108 Winter Solstice
Yoga Flow**
9:00am - 10:00am
Liv Fit



Strength & Mobility
5:30pm - 6:30pm
Liv Fit

17

18

19

20

21

22

23



Yappy Hour
5:00pm - 6:00pm
Bark Park



Strength & Mobility
5:30pm - 6:30pm
Liv Fit

OFFICE CLOSED

24

OFFICE CLOSED
Christmas Day

25

26

27

28

29

30



Strength & Mobility
5:30pm - 6:30pm
Liv Fit

31

25

26

27

28

29

30